Menu Planning Form

Provider/Program: Toddler's Workshop
Address: 12 May Street, Webster NY 14580

Week of: Spring/Summer Week 1

Dietician Approved
*Originals on file in main office

Effective: April 1, 2019

Color Legend
Red = Dairy
Yellow = Eggs
Green = Pork
Purple = Beef
Blue = Seeds

Meal Pattern	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast: Fruit or Fruit Juice Bread or Cereal Milk	Assorted Cold Cereal Fruit or 100% Juice Raisin Bread With Butter Milk	Assorted Cold Cereal Fruit or 100% Juice Pancake & Sausage Stick with Syrup Milk	Assorted Cold Cereal Fruit or 100% Juice Buttermilk Biscuits with choice of Jam or Honey Milk	Assorted Cold Cereal Fruit or 100% Juice Waffles with Syrup Milk	Assorted Cold Cereal Fruit or 100% Juice Assorted Muffins Milk
Lunch: Meat or Meat Alternate Vegetable or fruit (choose 2) Bread/Bread Alternate Other (optional) Milk	Ham & Cheese Sandwich on Whole Wheat Snap Peas with Ranch Dressing Pineapple Milk	Cheese/Pepperoni Pizza Tossed Salad w/ Italian or Ranch Dressing Bananas Milk	Chicken Breast Patty w/ Cheese on Whole Wheat Bun Wax Beans Peaches Milk	Tuna Noodle Casserole Peas Mandarin Oranges Milk	Sloppy Joes w/Ground Turkey Whole Wheat Bun Corn Sliced Apples Milk
Afternoon Snack: Choose a combination of any two foods from- Milk, Fruit, Fruit Juice, Vegetables, Bread/Crackers/Cereal, Cheese, Eggs, Milk, Dessert	Yogurt Granola Water	Fresh Veggies with Ranch Dip Ritz Crackers Water	Honey Wheat Goldfish Bread Sun Butter Water	Tortillas with Cream Cheese Dried Fruit Water	Apple Cereal Bars Milk

Menu Planning Form

Provider/Program: Toddler's Workshop
Address: 12 May Street, Webster NY 14580

Week of: Spring/Summer Week 2

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Effective: April 1, 2019

Color Legend
Red = Dairy
Yellow = Eggs
Green = Pork
Purple = Beef
Blue = Seeds

Meal Pattern	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast: Fruit or Fruit Juice Bread or Cereal Milk	Assorted Cold Cereal Fruit or 100% Juice Whole Wheat Bagel With Cream Cheese or Sun Butter Milk	Assorted Cold Cereal Fruit or 100% Juice French Toast Sticks with syrup Sausage Milk	Assorted Cold Cereal Fruit or 100% Juice Cinnamon Brown Sugar Oatmeal Rounds Milk	Assorted Cold Cereal Fruit or 100% Juice Pancakes with Syrup Milk	Assorted Cold Cereal Fruit or 100% Juice English Muffins with Jam or Sun Butter Milk
Lunch: Meat or Meat Alternate Vegetable or fruit (choose 2) Bread/Bread Alternate Other (optional) Milk	Popcorn Chicken Tossed Salad w/ Italian or Ranch Dressing Whole Wheat Dinner Roll Pineapple Milk	Turkey & Cheese Sandwich on Whole Wheat Fresh Green Beans with Ranch Dip Peaches Milk	Hamburger/Cheeseburger on Whole Wheat Bun Tater Tots Mandarin Oranges Milk	Macaroni & Cheese Broccoli Fruit Salad Milk	Enchilada Casserole With Ground Turkey Corn & Bean Salad Pears Milk
Afternoon Snack: Choose a combination of any two foods from- Milk, Fruit, Fruit Juice, Vegetable,Bread/Crackers/ Cookies/Cereal, Cheese, Eggs, Milk, Dessert	Rice Cakes Applesauce Water	Goldfish Grahams Bananas Water	Colby-Jack Cheese Cubes Ritz Crackers Water	Apple Wrap With Sun Butter Water	Multi-Grain Cheerios Dried Fruit Water

Menu Planning Form

Provider/Program: Toddler's Workshop
Address: 12 May Street, Webster NY 14580

Week of: Spring/Summer Week 3

Dietician Approved
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Effective: April 1, 2019

Color Legend
Red = Dairy
Yellow = Eggs
Green = Pork
Purple = Beef
Blue = Seeds

Meal Pattern	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast: Fruit or Fruit Juice Bread or Cereal Milk	Assorted Cold Cereal Fruit or 100% Juice Raisin Bread With Butter Milk	Assorted Cold Cereal Fruit or 100% Juice Pancake & Sausage Stick with Syrup Milk	Assorted Cold Cereal Fruit or 100% Juice Buttermilk Biscuits with choice of Jam or Honey Milk	Assorted Cold Cereal Fruit or 100% Juice Waffles with Syrup Milk	Assorted Cold Cereal Fruit or 100% Juice Assorted Muffins Milk
Lunch: Meat or Meat Alternate Vegetable or fruit (choose 2) Bread/Bread Alternate Other (optional) Milk	Turkey Hot Dog on Whole Wheat Bun Baked Beans Fruit Cocktail Milk	Meatball Sub w/Mozzarella on Whole Wheat Bun Tossed Salad w/ Italian or Ranch Dressing Pears Milk	Bologna & Cheese Sandwich on Whole Wheat Baby Carrots with Ranch Dip Fruit Salad Milk	Soft Tacos Lettuce, Cheese, Salsa, Sour Cream Mandarin Oranges Milk	Cheese/Pepperoni Pizza Tomato & Cucumber Salad w/ Italian Dressing Applesauce Milk
Afternoon Snack: Choose a combination of any two foods from- Milk, Fruit, Fruit Juice, Vegetable,Bread/Crackers/ Cookies/Cereal, Cheese, Eggs, Milk, Dessert	Ritz Crackers Sun Butter Water	Soft Pretzels Honey Mustard 100% Fruit Juice	Guacamole & Salsa Wheat Tortillas Water	Yogurt Bananas Water	Assorted Graham Crackers Milk

Menu Planning Form

Provider/Program: Toddler's Workshop
Address: 12 May Street, Webster NY 14580

Week of: Spring/Summer Week 4

Dietician Approved
*Originals on file in main office

Effective: April 1, 2019

Color Legend
Red = Dairy
Yellow = Eggs
Green= Pork
Purple = Beef
Blue = Seeds

Meal Pattern	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast: Fruit or Fruit Juice Bread or Cereal Milk	Assorted Cold Cereal Fruit or 100% Juice Whole Wheat Bagel with Cream Cheese or Sun Butter Milk	Assorted Cold Cereal Fruit or 100% Juice French Toast Sticks with syrup Sausage Milk	Assorted Cold Cereal Fruit or 100% Juice Cinnamon Brown Sugar Oatmeal Rounds Milk	Assorted Cold Cereal Fruit or 100% Juice Pancakes with Syrup Milk	Assorted Cold Cereal Fruit or 100% Juice English Muffins with Jam or Sun Butter Milk
Lunch: Meat or Meat Alternate Vegetable or fruit (choose 2) Bread/Bread Alternate Other (optional) Milk	Cheese Quesadillas with Sour Cream Fresh Green Beans w/ Ranch Dip Fruit Cocktail Milk	Tuna Sandwich on Honey Wheat Goldfish Bread Sliced Cucumbers with Ranch Dip Peaches Milk	Chicken Nuggets Whole Wheat Dinner Roll Tossed Salad w/ Italian or Ranch Dressing Pears Milk	Deli Wrap with Cheese on Wheat Tortilla (Ham, Turkey or Bologna) 3 Bean Salad Bananas Milk	BBQ Chicken Veggie & Pasta Salad w/ Ranch or Italian on the Side Pineapple Milk
Afternoon Snack: Choose a combination of any two foods from- Milk, Fruit, Fruit Juice, Vegetables,Bread/Cracker s/Cookies/Cereal, Cheese, Eggs, Milk, Dessert	Trail Mix with Raisins Milk	Goldfish Crackers Raisins Water	Mini Bagel Sun Butter Water	Apple Slices Cream Cheese/Caramel Dip Water	String Cheese Ritz Crackers Water